

# COVID-19

## Harvest Updates

Harvest spent a significant amount of time conversing, praying, and planning an appropriate response to the current COVID-19 pandemic.

It is our responsibility to PRAY, PREPARE & SERVE, where God has placed us!

Let us remain confident of God's constant power of healing and seek His face to heal our land. We believe that there is nothing impossible for our God.

We started a daily prayer line that meets every day to intercede in prayer and encourage one another. We urge every church member to join this prayer line. With the heightened awareness and public concerns regarding the spread of the coronavirus, we are monitoring the situation closely and working proactively to ensure our environments are clean and safe for all who attend Harvest Church of God.

Your health and well-being are our highest priority, and we are in the process of enhancing our regular cleaning procedures.

We are moving all of our public gatherings to online services this weekend. Our Sunday service will be available using Facebook Live and YouTube at 10 AM. We encourage you to join our Sunday service in your homes with your family. Our options will be reevaluated frequently and will be following all local and health authorities' guidelines.

During our gathering, Harvest Church is committed to:

- Sanitize regularly touched surfaces before, during, and after every experience such as doors, handles, tables, faucets, classrooms, and handrails.
- All team members will wash their hands frequently.
- Hand sanitizer is available for everyone to use.
- Greeters will not be shaking hands but will welcome you with a smile at all doors.

During this time, we are asking you to help in the following ways:

- Follow [CDC](#) guidelines

- In case of any flu-like symptoms, be sure to seek medical help. Furthermore, inform the Pastor so that the congregation can hold you in prayers and identify if you came in close contact with anyone at church.
- If you start experiencing any symptoms at church or a few days after attending service, please do the same as above.
- If you need any help, please do not hesitate to contact the Pastor and be sure to answer courtesy calls from church, so please respond to calls from church members and its leaders.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating and after blowing your nose, coughing, or sneezing.
- Cover your sneeze or cough with a tissue or your arm.
- Forgo shaking hands for an elbow bump, wave, or friendly smile.

Please refrain from coming to church services and public gathering if,

- You are in a high-risk group, which means over age 60 and/or any age with a severe heart, lung, chronic medical condition, or immunosuppressed. If you are not sure if you fall into one of these categories, please consult your physician.
- You, or anyone in your household, are symptomatic and has yet to be medically cleared.
- You, or anyone in your household, have recently returned from a high-risk region of the country or abroad and/or come in contact with someone who did, and are still in the 14-day quarantine window.
- Please stay at home if you are unwell or believe you've come into close contact with someone who appears to be unwell.

# What You Need to Know About Coronavirus Disease (COVID-19)



## What you need to know about coronavirus disease 2019 (COVID-19)

### What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

### Can people in the U.S. get COVID-19?

Yes. COVID-19 is spreading from person to person in parts of the United States. Risk of infection with COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers, or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19. Learn more about places with ongoing spread at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html#geographic>.

### Have there been cases of COVID-19 in the U.S.?

Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the United States is available on CDC's webpage at <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>.

### How does COVID-19 spread?

The virus that causes COVID-19 probably emerged from an animal source, but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. Learn what is known about the spread of newly emerged coronaviruses at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>.

### What are the symptoms of COVID-19?

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of

- fever
- cough
- shortness of breath

### What are severe complications from this virus?

Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

### How can I help protect myself?

People can help protect themselves from respiratory illness with everyday preventive actions.

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

### If you are sick, to keep from spreading respiratory illness to others, you should

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

### What should I do if I recently traveled from an area with ongoing spread of COVID-19?

If you have traveled from an affected area, there may be restrictions on your movements for up to 2 weeks. If you develop symptoms during that period (fever, cough, trouble breathing), seek medical advice. Call the office of your health care provider before you go, and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don't go out and delay any travel to reduce the possibility of spreading illness to others.

### Is there a vaccine?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

### Is there a treatment?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.



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For more information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)

# Stop the Spread of Germs



## STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)